

JTAA RECREATIONAL BASKETBALL POLICIES, PROCEDURES AND RULES

A. Mission Statement

All coaches and officials will help all players to develop strong, healthy bodies and minds while promoting the highest level of sportsmanship, an understanding and respect for the rules; instill the importance of teamwork and promote lifetime physical activity and to develop good citizens for the future.

Further, all coaches and officials shall seek to instill in players the values of fair play, honesty, integrity, cooperation with others, and the ability to lose with dignity and win with modesty. It is also a main goal to build good moral character and citizenship of all participants.

B. Recreational Board

The Board shall consist of a Commissioner, an Assistant(s) Commissioner, a Senior Boys President, a Junior Boys President, a Girls President, a Treasurer and Registrar. Additional Board Member positions may be created from time to time upon approval by the Rec Board.

The Board is responsible for oversight of Recreational Basketball and shall act as the sanctioning body.

C. Disciplinary Action

Recreational Basketball hereby adopts by reference and incorporation the disciplinary rules and policies adopted by Jupiter Tequesta Athletic Association, however, any disciplinary rule or regulation specifically adopted by the Rec Basketball Board shall control and take precedence over any rule or policy of the Jupiter Tequesta Athletic Association.

D. Player Eligibility

A player's eligibility for a particular division is determined by his or her birthday as of September 1st. A chart of appropriate age ranges for each division will be posted on the JTAA Rec Basketball's website and will be further included on the registration site.

Any player that wishes to play up an age division must get permission from the appropriate age group Director and the Director of the league above, as well as the President of that respective league (i.e, Jr. Boys President, Sr. Boys President or Girls President) and either the Commissioner or Assistant Commissioner of JTAA Rec

Basketball.

Under no circumstances shall a player play down below his or her appropriate age group. Any player or parent of a player falsifying a player's birthday shall be subject to disciplinary sanctions by the JTAA Rec Basketball Board, which may result in the immediate expulsion from the league.

E. Age Groups

Boys Leagues: Boys 7, Boys 8, Boys 9, Boys 10, Boys 11, Boys 12, Boys 13, Boys 14, Boys 15-17.

Girls Leagues: Girls 7-8, Girls 9-10, Girls 11-12, Girls 13-14.

F. Basketball Rules (Revised as of September 2013)

1. Age Divisions, Basketball Size and Rim Height

Divisions		Basketball Size	Basket Height
Boys Divisions:	7 year olds	27" Youth	8.5 Feet
	8 year olds	27" Youth	8.5 Feet
	9 year olds	28.5" Mid size	10 Feet
	10 year olds	28.5" Mid size	10 Feet
	11 year olds	28.5" Mid size	10 Feet
	12 year olds	28.5" Mid size	10 Feet
	13 years olds	Full size	10 Feet
	14 year olds	Full size	10 Feet
	15-17 year olds	Full size	10 Feet
Girls Divisions:	7-8 year olds	27" Youth	8.5 Feet
	9-10 year olds	28.5" Mid size	10 Feet
	11-12 year olds	28.5" Mid size	10 Feet
	13-14 year olds	28.5" Mid size	10 Feet

2 Game Length

- Boys 7 through Boys 13s and Girls 7-8 through Girls 13-14s:
 - 8 Minute Quarters - Running Clock
 - Clock stops for:
 - Free Throws

- Time Outs
- Last 2 minutes of the game on every dead ball

- Boys 14s and Boys 15-17s:
 - 7 Minute Quarters
 - Clock stops on every dead ball.

3. Time Outs

Three (3) time outs are allowed per game for all age divisions. Timeouts can be used at anytime during the game.

Overtime Timeouts - One (1) time out allowed for each 3 minute overtime period. Any unused timeouts can not be carried over from any overtime period or regulation play.

4. Overtime Play

- Boys 7s, Girls 7-8 year olds: No overtime play

- Boys 8s through Boys 13s, Girls 9-10 through Girls 13-14s:

Regular Season: No overtime during regular season play.

Playoffs: Unlimited three (3) minute overtime periods during playoffs until a tie is broken.

- Boys 14s through Boys 15-17s:

Regular Season: One 3 minute overtime period. If tie is not broken after overtime, then game results in tie.

Playoffs: Unlimited three (3) minute overtime periods during playoffs until a tie is broken.

5. Three Point Baskets

The three (3) point line is at the regular high school distance for all age groups. A made basket counts as three (3) points from this distance.

6. Free Throws

- Boys 7s, Boys 8s, & Girls 7-8s:

Free throws are two (2) feet closer than the regular free throw line. It is NOT a violation for a player to cross the line while releasing the ball. If this occurs, the player may not get the rebound.

- Boys 9s, Boys 10s, & Girls 9-10s:

Free throws are at the regular free through line. It is a NOT violation for a player to cross the line while releasing the ball. If this occurs, the player may not get the rebound.

- Boys 11s through Boys 15-17s, Girls 11-12s through Girls 13-14s.

Free throws are at the regular free through line. It IS a violation for a player to cross the line while releasing the ball.

7. **Playing Time**

- All Age Groups Except Boys 14s and Boys 15-17s:

- **Substitutions.** Substitutions are NOT allowed in the 1st, 2nd or 3rd quarters except for injuries. Substitutions are allowed in the 4th quarter if playing time rules for all players are satisfied.
- **Injuries.** If a player comes out of the game due to an injury, the player will only be assessed playing time for the actual amount of time the player was in that quarter. The player will not be assessed, for maximum playing time purposes, for playing time for that whole quarter.
- **Play Time.** For 7 or more players on a team, each player must play 2 full quarters and sit one full quarter.

For 6 or less players on a team, each player must play at least 3 full quarters.
- **Late Players.** Any player who shows up after tip off may, for minimum play time requirements only, be assessed 1 full quarter of play time at the discretion of the Coach. This rule shall not apply to a player's maximum eligible play time.

- Boys 14s and Boys 15-17s:

- **Substitutions.** Substitutions are allowed in the 1st, 2nd, and 3rd quarters ONLY in the middle of the quarter, unless a player is injured. A substituting player must be at the scorer's table for check in at the 4:00 mark of the quarter in order to substitute in for another player. Referees are to stop play, if needed, for substitution if players have

not entered the game via a dead ball foul by the 3:15 minute mark. Free substitutions are allowed in the 4th quarter for players who have satisfied their playing time requirements.

- **Injuries.** If a player comes out of the game due to an injury, the player will only be assessed playing time for the actual amount of time the player was in that quarter. The player will not be assessed, for maximum playing time purposes, for playing time for that whole quarter.
- **Play Time.** For 7 or more players on a team, each player must play 2 full quarters (or 4 half quarters) and sit one full quarter (or 2 half quarters).

For 6 or less players on a team, each player must play at least 3 full quarters (or 6 half quarters.)
- **Late Players.** Any player who shows up after tip off may, for minimum play time requirements only, be assessed 1 full quarter of play time at the discretion of the Coach. This rule shall not apply to a player's maximum eligible play time.

8. **Defensive Rules**

■ Boys 7s, Boys 8s, Girls 7-8s:

Each team must play man-to-man defense. Coaches are allowed on the court for a few seconds at the beginning of each quarter to assist with player match-ups (this is done very quickly). No zone defenses are allowed. It is permitted to double-team the player with the ball using help defense if the player with the ball is advancing to the basket. It is not permitted to double-team a player without the ball. The rectangular area extending from sideline to sideline between the half court line and approximately 2 feet beyond the top of the key is the "safe zone." The intent of the safe zone is to allow the offense a chance to set up. No defense is allowed in the safe zone or in the back court.

■ Boys 9s, Boys 10s, Girls 9-10s:

Each team must play man-to-man defense. No zone defenses are allowed. It is permitted to double-team the player with the ball. It is not permitted to double-team a player without the ball. No defense is allowed in the back court (no full court press).

■ Boys 11s through Boys 15-17s, Girls 11-12s through Girls 13-14s:

No defense restrictions.

9. Lane Violations

- Boys 7s, Girls 7-8s:

Players are allowed a 5-second count inside the lane

- Boys 8s through Boys 15-17s, Girls 9-10s through Girls 13-14s:

Players are allowed a 3-second count inside the lane

10 Minimum Players Required

All leagues require at least four players to start a game

11. Mercy Rule

- Boys 7s through Boys 10s, Girls 7-8s through Girls 9-10s:

If a team is ahead by 15 or more points, the leading team must pass the ball 3 times on offense before scoring. Passes within the safe zone do not count. If the lead is then reduced to 10 points or less, the 3 pass rule is not longer required.

- Boys 11s through Boys 15-17s, Girls 11-12 through Girls 14-17s:

If a team is ahead by 20 or more points, the leading team cannot play defense in its back court. If the lead is then reduced to 15 points or less, the leading team can play defense in its back court.

12. Scorekeeper/Timekeeper

The home team is to provide a scorekeeper, the away team is to provide a timekeeper

13. Ejections

All leagues require that receipt of a second technical foul by the same player or same coach results in an automatic ejection from the game and suspension from the next game. Any coach or player ejected from more than one game will be reviewed by the JTAA Basketball Board for allowance of continued participation in the league.

14. Credentials

At every regular season and playoff game, each coach and assistant coach must wear and/or display a current coaches card issued by JTAA Rec Basketball Board. Prior to the start of any game, the referees shall check the credentials of each coach and assistant coach to ensure compliance. Any coach or assistant coach not displaying their coaches card will not be permitted to sit on the team bench and coach.